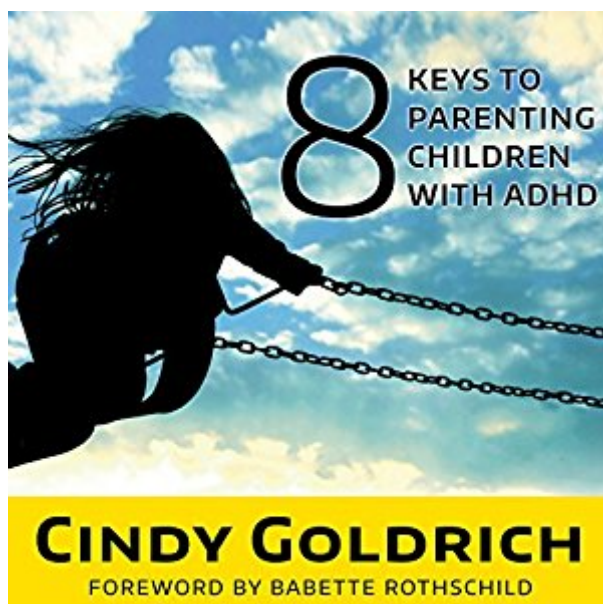


The book was found

8 Keys To Parenting Children With ADHD



Synopsis

Parenting children with ADHD, whether diagnosed or undiagnosed, can be challenging and complex. But just as a child who struggles with reading can learn to decode words, children with ADHD can learn patience, communication, and solution-seeking skills to become more confident, independent, and capable. This book, rich with optimism, tips, tools, and action plans, offers science-based insights and systems for parents to help cultivate these skills. *8 Keys to Parenting Children with ADHD* focuses on developing and strengthening effective interpersonal skills in both parents and children as a way to improve conflict resolution. Following the parenting principle to "parent the child you have", noted therapist Cindy Goldrich offers advice to help listeners tailor their parenting to meet the needs of their unique child. This book also helps parents to recognize the value of being a leader and a guide to children, building parents' confidence in their decision making and giving children a sense of safety, security, and confidence.

Book Information

Audible Audio Edition

Listening Length: 6 hours and 23 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Tantor Audio

Audible.com Release Date: October 5, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B01669X7SU

Best Sellers Rank: #52 in Books > Health, Fitness & Dieting > Mental Health > Attention Deficit & Attention Deficit Hyperactivity Disorders #107 in Books > Audible Audiobooks > Science > Medicine #108 in Books > Medical Books > Medicine > Internal Medicine > Pediatrics

Customer Reviews

This book is such a GIFT for parents. Raising a child with ADHD can be very challenging. I encourage so many of my patients who have a child with ADHD to get the help they need. The normal "rules" of raising a child often don't apply. The "Keys" in this book are essential, especially Key 6: Be Clear and Consistent. This is a book I would recommend to all of my colleagues and patients with children with ADHD. Education and strategies are key to helping children with ADHD. This book is my "go to" bible because it offers step-by-step suggestions with highly effective

advice.Scott Shapiro, MD - ADHD Expert, NY, NY

From the moment I picked up this book, I knew it was an important read for parents of children with ADHD. As one of those parents, I wished I had had Goldrich's knowledge and advice when I was raising my own child with ADHD (now an adult.) This book is filled with the latest research, and Goldrich puts it in clear and understandable language -- ready to apply in your home. Looking back on raising my child, I know I would have been a better parent had I read this book! I highly recommend!

As a mental health professional working with parents and children with ADHD and having read many books about parenting children with ADHD, I highly recommend Cindy's new book. The book provides the reader with a rationale to help one understand why the author details the eight steps to successful and effective parenting of an ADHD child along with providing parents with a sense of hope in respect to building a satisfying , long lasting and cooperative relationship with the child.Lisa M Laudante, Ph.,D, LCSWR

This book answered many questions but also validated my concerns. It was like she had observed us in our home. I looked her up on the web and she is highly rated there as well.

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